

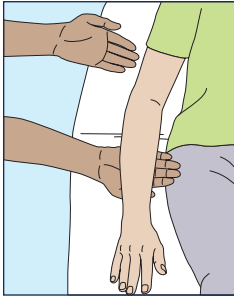
Aide-mémoire Prise

- Solide
- Stable
- Douce
- Sécurisante pour la personne
- Rapprochée du soignant

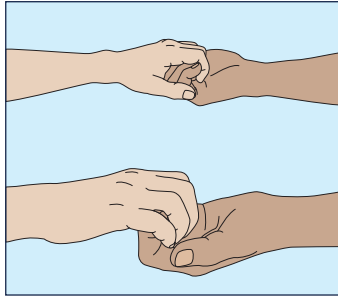
STRATÉGIES DE PRISE À PRIVILÉGIER

- Utiliser des poignées ou des rallonges
- Faire participer la personne à la prise
- Immobiliser les membres / les axes de rotation

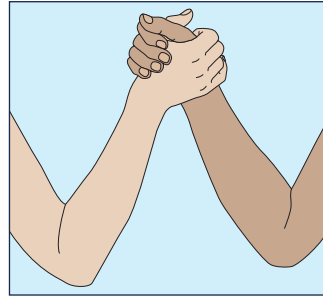
PRISES À UTILISER



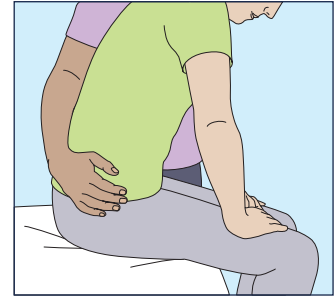
Supportante



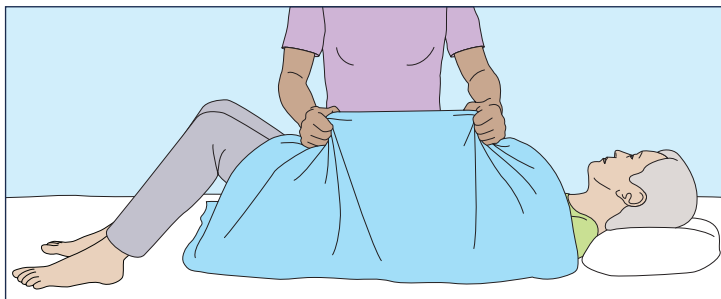
Du bout des doigts



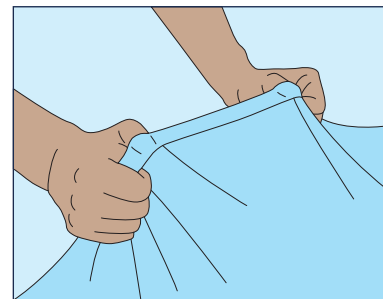
Pouce



Enveloppante

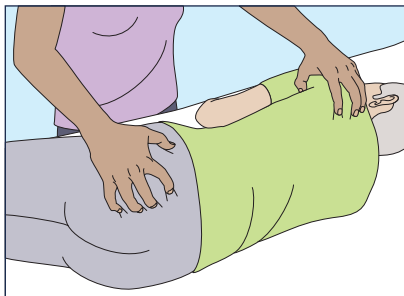


Enveloppante

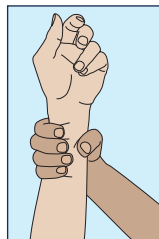


Pouces vers le haut

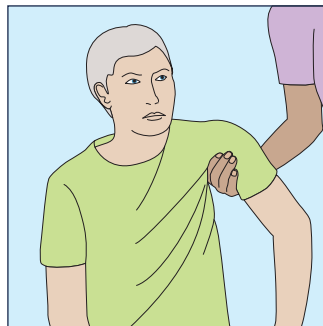
PRISES À ÉVITER



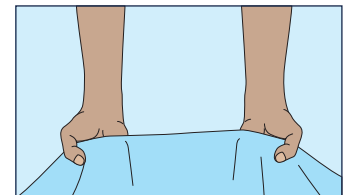
Griffe



Pince



Crochet d'épaule



Paumes vers le haut